Adair County SB40 Community Learning Center

SUN	MON	TUE	WED	THU	FRI	SAT
Adair County SB40 Community Learning Center 1107 Country Club Drive Kirksville, MO 63501 660-665-9400 sb40life.org clc@sb40life.org		1 April Fool's Day 10a - Coffee & Cards 11a - Dance Aerobics 2p - Back to School Basics 3:30p - Scavenger Hunt	2 World Autism Day CLC will OPEN at 9:30am 10a - Crafts 1p - Storytime 2p - Get Fit 3:30p - Circles Level 1 *Registration Required	3 10a - Science Fun 11a - Chair Yoga	4 10a - BINGO	5
6	7 World Health Day	8 10a - Coffee & Cards 11a - Dance Aerobics 2p - Back to School Basics 3:30p - Guided Painting	9 National Unicorn Day 10a - Crafts Ip - Storytime - Special Activity! 2p - Get Fit 3:30p - Circles Level 1 *Registration Required	10 10a - Science Fun 11a - Chair Yoga	11 SB40 Closed for staff training Last day to sign up for Parent- to-Parent Group on April 17th	12
13	14 10a - MO Developmental Disabilities Council & KCOM- IHD inquiry of ideas for new projects	15 Tax Day 10a - Coffee & Cards 11a - Dance Aerobics 2p - Nature Time 3:30p - Project STIR *Registration Required 6p - SB40 Board Meeting	16 National Pajama Day Wear you pajamas to the CLC today!!! 10a - Crafts 1p - Storytime 2p - Get Fit 3:30p - Circles Level 1 *Registration Required	17 10a - Science Fun 11a - Chair Yoga 5:30pm - Parent-to- Parent Group	18 10a - BINGO	19
20 Easter	SB40 Closed	2 2 Earth Day 10a - Coffee & Cards 11a - Dance Aerobics 2p - Back to School Basics 3:30p - Project STIR *Registration Required	23 National Picnic Day 10a - Crafts 11:30a - Bring Your Lunch to the Center! 1p - Storytime 2p - Get Fit 3:30p - Circles Level 1 *Registration Required	2 4 10a - Science Fun 11a - Chair Yoga	25 10a - BINGO	26
27	28	29 10a - Coffee & Cards 11a - Dance Aerobics 2p - Back to School Basics 3p - Movie Party	3 0 10a - Crafts 1p - Storytime 2p - Get Fit 3:30p - Circles Level 1 *Registration Required	Support SB40 DD Link	Follow Us !	

You may schedule a visit Mondays by contacting the Community Learning Center.



COMMUNITY LEARNING CENTER

Join us 8A-5p daily, Tuesday - Friday

You may schedule a visit on Mondays by contacting the Community Learning Center.

Activity Descriptions:

- MO Developmental Disability Council and UMKC-Institute for Human Development inquiry for new projects in the coming year -Kyla Mundwiller and Candace Cunningham will be here to learn of ideas and projects residents in NEMO would like to see them work on in upcoming years.
- Coffee & Cards Come enjoy playing card games with friends while having a warm drink (we also have tea and hot chocolate). Feel free to bring your own drink or a favorite game to share.
- Dance Aerobics Get your heart pumping and learn some fun and easy dance moves on Tuesday mornings. This class is adaptable for people who require seated exercises.
- Back to School Basics Join Angela for this fun new class that will help you work on skills such as basic math skills, addressing a letter, writing in sentences, following directions, and more.
- Nature Time Holly with the Missouri Department of Conservation will join us for a fun nature activity.
- Scavenger Hunt Are you good at finding things? This fun activity at the Center will have you putting your detective skills to work.
- Guided Painting In this special guided art activity you will create a fun Easter painting.
- Project STIR This class for self-advocates age 18+ will help you learn to become your own best self-advocate, how to problem solve and negotiate, and what it means to be self-determined. *Registration is required to participate in this class.
- Movie Party Come enjoy a fun movie with your friends! We will have popcorn and drinks. Feel free to bring a snack to share.
- Crafts You will create fun, easy-to-do crafts during this activity.
- Bring Your Lunch to the Center! On Wednesday, April 23rd bring your lunch with you to eat with us in recognition of National Picnic Day! We will eat outside if there is appropriate weather.
- Storytime Join Miss Bre from the Adair County Public Library for a fun story with an easy art project! This activity is great for visitors of all ages. April 9th will have a very special activity with the Kirksville Horse Center and the Library for National Unicorn Day!
- Get Fit Have fun while getting into shape! Angela will help you get moving with fun workout videos, walks in the community, and more. This class is adaptable for people who require seated exercises.
- Circles Level 1 This class will focus on learning appropriate social and relationship boundaries, interpersonal skills, and relationshipspecific social skills for the different people you encounter in you life. *Class full
- Science Fun Science can be a ton of fun! Join volunteer, Jim, for some exciting and fun, hands-on science activities.
- Chair Yoga- This exercise class with Angela can be done while sitting in a chair or on the floor using a yoga mat. You will follow fun YouTube videos that will help stretch and relax.
- BINGO Come play BINGO with us each Friday and win BINGO Bucks to spend in our BINGO store.

Phone: 660-665-9400 Email: <u>clc@sb40life.org</u> Website: <u>sb40life.org</u>



You can easily support activities and programs at the CLC by scanning this QR Code

