

## **Community Engagement Report**

**November 2024**

**Visits – 703 people**

**Volunteer Hours – 82**

The month of November was an extremely busy one, starting with the 15<sup>th</sup> Anniversary of the Community Learning Center! During the month there were 703 independent visits. Visitors to the Center participated in classes and activities, volunteered, chose to hang out with friends, used the sensory room, attended the Open House for the anniversary, participated in the Health Fair put on by the ATSU-KCOM IDD Club, and the Parent-to-Parent Group. The Center had 95 volunteers who provided 82 hours of volunteer time by helping with tasks such as assembling newsletters, guiding/teaching Open Hearts Storytime, Science Fun, Exercise Your Mind, providing childcare for the Parent-to-Parent Group, and putting on the Health Fair.

In November, the Center continued to offer all of the regularly scheduled classes and activities, including practices for the Annual Christmas Program “A Puppet Christmas Story” that will be held in cooperation with Kirksville First Church of God on Monday, December 16<sup>th</sup>, beginning at 6:00pm at the church. Also in November, Angela continued to work with a TSU student to offer the Basic Life Skills Class. This student has also led the Exercise Your Mind class, while mentoring her classmates, and will be putting together a curriculum for future students to utilize. The curriculum that the class is based on is designed for older seniors who are beginning to experience symptoms of dementia. She has adjusted lessons over the last four years for the people at the CLC to fit their wide and unique range of needs.

During November, Melissa and Angela arranged and held the CLC Open House for the 15<sup>th</sup> anniversary. Melissa also met with three new volunteers, worked with the IDD Club to put on the Health Fair which had nine different clubs from KCOM present, attended the Winter Stakeholders Charting the LifeCourse Missouri Chapter meeting on November 12<sup>th</sup> and brought back information about new toolkits that are being designed to address transitioning to adult health care, spoke on Area Scene about the many activities coming up the end of November and beginning of December, and facilitated the Parent-to-Parent meeting and conference committee meetings. Susan Lassabe also helped with hosting Yvonne Rydman from the Missouri State Treasurers Office during a presentation on MO-ABLE accounts.

The Annual Community Engagement Conference Committee met once in November. The committee selected Keynote Speaker, Letisha Wexstten, who is a self-advocate, entrepreneur, and artist from Missouri. The group has also confirmed three breakout session speakers and is waiting for a response from others. Sponsorship and exhibitor requests have gone out and are beginning to be returned.

Throughout the month, Angela facilitated most of the activities at the Center including working with the volunteers who teach Exercise Your Mind and Science Fun. She also compiled the monthly community activities list, supervised volunteers who helped to prepare the monthly newsletters for mailing, decorating for the Thanksgiving season.

Activities for November:

<b>Activity</b>	<b>Number of Visits</b>
Coffee & Cards	48
Dance Aerobics	52
Basic Life Skills	56
Nature Time – <i>canceled by presenter</i>	0
Crafts	147
Open Hearts Story Time	89
Get Fit	72
Christmas Program	137
Science Fun	42
Healthy & Relaxed	20
BINGO	173
Hang Out	219
15 <sup>th</sup> Anniversary Open House	10
ATSU-KCOM IDD Club Heath Fair	13
MO-ABLE Presentation	1
Parent-to-Parent Group	3
Volunteers	95
Total Number of Participants Attending Activities Per Month	1177
<b>Total Number of Visits Per Person</b>	<b>703</b>