













# Adair County SB40 Community Learning Center

## DECEMBER 2024

SUN	MON	TUE	WED	THU	FRI	SAT		
1	2 Special Education Day 	3 Giving Tuesday 10a - Coffee & Cards 11a - Dance Aerobics 2p - Basic Life Skills 3:30p - Christmas Program Practice	4 10a - Crafts 1p - Open Hearts Storytime 2p - Get Fit 3:30p - Christmas Program Practice	5 Community Learning Center will OPEN at 9:30am 10a - Science Fun 11a - Chair Yoga	6 10a - BINGO	7		
8	9 Last day to register for the Open Hearts Storytime special activity!	10 10a - Coffee & Cards 11a - Dance Aerobics 2p - Fun with Music 3:30p - Christmas Program Practice	11 10a - Crafts 1p - Open Hearts Storytime with Special Activity <i>*Registration Required!</i> 3:30p - Christmas Program Practice	12 10a - Science Fun 11a - Chair Yoga	13 10a - BINGO 11:30a - CLC will CLOSE early	14		
15	16 6pm - CLC's Annual Christmas Program in partnership with First Church of God 2900 S. Halliburton St. Kirksville, MO 63501	17 10a - Coffee & Cards 11a - Dance Aerobics 2p - Nature Time 3:30p - Guided Painting 6p - SB40 Board Meeting	18 10a - Crafts 1p - Open Hearts Storytime 2p - Get Fit 3p - Movie Party	19 10a - Science Fun 11a - Chair Yoga	20 10a - BINGO	21		
22	23	24 Christmas Eve  SB40 CLOSED 	25 Christmas Day Hanukkah SB40 CLOSED  	26 Kwanzaa 10a - Science Fun 11a - Chair Yoga 	27 10a - BINGO	28		
29	30	31 New Years Eve 10a - Coffee & Cards 11a - Dance Aerobics 2p - Fun with Music 3:30p - New Year's Eve Game Time	 Adair County SB40 Community Learning Center 1107 Country Club Drive Kirksville, MO 63501 660-665-9400 <a href="http://sb40life.org">sb40life.org</a> <a href="mailto:clc@sb40life.org">clc@sb40life.org</a> Developmental Disability Board				Support SB40 DD Link    	 <b>NEMORESOURCES.ORG</b> Northeast Missouri Online Resource Directory <small>Health Care • Community Support • Education            Civic &amp; Government • Employment • Financial Assistance • Spiritual</small>

You may schedule a visit Mondays by contacting the Community Learning Center.



Developmental Disability Board

# COMMUNITY LEARNING CENTER

Join us 8A-5p daily, Tuesday - Friday

*You may schedule a visit on Mondays  
by contacting the Community Learning Center.*

## Activity Descriptions:

- **Coffee & Cards** - Come enjoy playing card games with friends while having a warm drink (we also have tea and hot chocolate). Feel free to bring your own drink or a favorite game to share.
- **Dance Aerobics** - Get your heart pumping and learn some fun and easy dance moves on Tuesday mornings. This class is adaptable for people who require seated exercises.
- **Basic Life Skills** - This new class will help you work on your daily life skills that allow you to be more independent. Some skills you may work on include hygiene, creating menus and grocery lists, and using community resources.
- **Fun with Music** - Join Angela for fun activities that include music and movement.
- **Nature Time** - Holly with the Missouri Department of Conservation will join us for a fun winter nature activity.
- **Guided Painting** - If you love to paint, this activity is for you. Join Angela and do a fun Christmas guided painting.
- **New Year's Eve Game Time** - Come enjoy an afternoon of fun New Year's Eve-themed games with your friends!
- **Crafts** - You will create fun, easy-to-do crafts during this activity.
- **Open Hearts Storytime** - Join Miss Bre from the Adair County Public Library for a fun story with an easy art project! This activity is great for visitors of all ages. **Registration is required for the special activity on December 11th. Last day to register is Monday, December 9th.**
- **Get Fit** - Have fun while getting into shape! Angela will help you get moving with fun workout videos, walks in the community, and more. This class is adaptable for people who require seated exercises.
- **Christmas Program Practice** - We will begin working on our annual Christmas program this month and we want YOU to join in the fun! **All practices will be held at Kirksville First Church of God! We still need singers for our choir!**
- **Movie Party** - Come enjoy a fun movie with your friends! We will have popcorn and drinks. Feel free to bring a snack to share.
- **Science Fun** - Science can be a ton of fun! Join volunteer, Jim, for some exciting and fun, hands-on science activities.
- **Chair Yoga** - This exercise class with Angela can be done while sitting in a chair or on the floor using a yoga mat. You will follow fun YouTube videos that will help stretch and relax.
- **BINGO** - Come play BINGO with us each Friday and win BINGO Bucks to spend in our BINGO store.
- **Annual Christmas Program** - **You are invited to join us on Monday, December 16th for our Annual Christmas Program! The Center is partnering with First Church of God again this year to put on "A Puppet Christmas Story".**

Phone: 660-665-9400  
Email: [clc@sb40life.org](mailto:clc@sb40life.org)  
Website: [sb40life.org](http://sb40life.org)



You can easily support  
activities and programs  
at the CLC by scanning  
this QR Code

